



President's Post

I hope you are all safe and well and enjoying your weekend and enjoyed a much better performance by the AB's. I look forward to seeing you this week for our Changeover to see the changing of our Rotary office bearers at the Naenae Bowling club. A reminder to all that formal dress is required.

At our last meeting we had our very own Malcolm Bell present to us "Being a white, grey haired male over 50 - the new disability. Fantastic presentation was given tonight with lots of laughter and humour that only Malcolm can deliver with some serious considerations for us all as the population ages.

Be in quick for the last tickets to "The vicar of Dibley" on the 10th July also names are required if you can spare some time for the upcoming collection for the Women's Refuge at New World Stokes Valley on the 6th & 7th July.

See you all on Tuesday where we all can catch up with members old & new and also with partners and friends.

Yours in Rotary

Phil

President

Rotary Club of Hutt River Valley

Meeting Tuesday 19th June

Male Grey and Stale

A most interesting address by Malcolm looking at the various aspects of the aging workforce and how it is being utilised, or more often not utilised, in the present working environment.

Malcolm talked about continuing to use and exercise the brain as we age and according to the "cognitive reserve" hypothesis: the more numerous and complicated the neural connections in your brain, the more robustly they resist the erosion of time. From this it has been found that the human brain can improve with advancing years.

"You're never too old to rock 'n' roll but you're always too young to die"

Jethro Tull, 1967



Malcolm talked about the way younger people regard the older set as being privileged, sexist and bitter among other things but that we should be proud of getting older.

Malcolm discussed the underutilisation

of older employees with experience and then talked about the longer life prospects of the present population and the fact that they may need to work into their 70's or 80's. He then discussed some of the benefits of employing the "older set" such as being dependable, loyal, focused, experienced and with wisdom. Older employees are more



willing to take risks and think outside the box.

Malcolm started off with some tremendous quotes and thans to Malcolm these are below.

“I don’t believe in ageing. I believe in ever altering one’s aspect to the sun.”

Virginia Woolf

“Do not regret growing older. It’s a privilege denied to many.”

Anon

“Live your life and forget your age.”

Norman Vincent Peale

“Today is the oldest you’ve ever been & the youngest you will ever be again.”

Eleanor Roosevelt

"Growing old is no more than a bad habit which a busy [person] has no time to form".

Andre Maurois

Notices

June 26th – Changeover

July 1 – District Changeover in Whanganui

July 6th to 7h – Assistance with a collection for Women’s Refuge on the Friday & Saturday of that weekend. Collection will be outside Stokes Valley New World and will run from 9am to 6pm

July 10th – Hutt Repertory visit to see “Vicar of Dibley”

Parting Thought

If winning isn’t everything, why keep score.

Vince Lombardi

Upcoming programme

June 26th – Changeover

July 6th to 7^h – Assistance with a collection for Women’s Refuge on the Friday & Saturday of that weekend. Collection will be outside Stokes Valley New World and will run from 9am to 6pm

July 10th – Hutt Repertory visit to see “Vicar of Dibley”

August 7th - Dr. Dragos Bratanu - "*The Pursuit of Dreams.*" Our mission is to empower people to make their dreams a reality anywhere they start, and to heal from anxiety, depression, and addiction. The side benefits of these include reducing poverty, career advancement, and increasing wellbeing.

September 9th – Bowling for Polio at the Naenae Bowling Club and a number of clubs around the region will be attending.

Meeting Duties

| | 26-Jun |
|-----------------------|---|
| Guest Speaker & Topic | Changeover Duties assigned by organisers. |
| Host | |
| Set Up | |
| Grace | |
| Thanks | |
| Parting Thought | |

If you are unable to do your duty would everyone please make an effort to get another member to do it for you.

DISTRICT CHANGEOVER

For all those that would like to go to the district changeover in Whanganui all the details are below.

Please note that registrations are essential and you will need to register before 22nd June so time is short if you wish to attend.



BE THE INSPIRATION

The Rotary Clubs of Whanganui
and District Governor Elect Marion Johnston
extend you a warm invitation to

The Rotary Club of Whanganui Changeover
The Rotary Club of Whanganui Daybreak Changeover
The Rotary Club of Wanganui North Changeover
SHINE Interact club Changeover
Rotary International District 9940 Changeover

SUNDAY 1 JULY 2018
WANGANUI FUNCTION CENTRE (Racecourse)
PURNELL STREET
WANGANUI

| | |
|---------------|---|
| 10.00 am | Complimentary tea and coffee |
| 10.30 – 12.30 | Changeover ceremonies for the 3 Wanganui clubs & Entertainment |
| 12.30 – 1.30 | Light lunch, shared with those attending District Changeover |
| 1.30 – 3.30 | SHINE Interact Club Changeover Entertainment District Changeover |

RSVP

Please RSVP by **22 June** as follows:

- Wanganui Rotary club members, guests and friends: to your Club Secretary
- District changeover attendees to marion@holdaways.co.nz (with numbers)
- Any special dietary requirements must be notified to sales@oscarjuicers.co.nz please

PAYMENT

By **22 June** please
Payment of \$28 per head to be made to Wanganui North Rotary Social Club account:
03-0791-0525582-00
Particulars = Changeover **Code** = Surname & initials **Reference** = your Rotary Club

If you prefer to pay by cheque, please post to Rotary Club of Wanganui North
PO Box 7026, Wanganui 4541